



H.C. POLK, JR.
REGIONAL DIABETES CENTER
of East Texas

2010 Schedule

Memorial Cooking Innovations

12:00noon – 1:00p.m.

Medical Staff Meeting Room

January	11	July	15
February	18	August	19
March	18	September	16
April	15	October	21
May	20	November	18
June	17	December	16

Your \$5 covers the cost of lunch.

Reservations must be made by the Friday before each class.

Diabetes Support Group

12:00noon – 1:00p.m.

Community Room

January	07	July	01*
February	04	August	05
March	04*	September	02
April	01	October	07
May	06	November	04
June	03	December	02*

Your \$5 covers the cost of lunch.

Reservations must be made by the Friday before each class.

*** Support Group on this date will be held in the Medical Staff Meeting Room – Around the corner from the Gift Shop**

Did you know that Medicare and most insurance allow follow-up services for Diabetes Self Management Training one year after your initial visit? Call 639-7585 to see when you are eligible.

If you have any questions please contact the Horace C. Polk, Jr. Regional Diabetes Center. (936) 639-7585.